

REBECCA CAIN

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Qualifications

- MSc in Organisational Development from a Gestalt, System and Complexity perspective, Metanoia Institute (2019)
- Post graduate Diploma in Coaching Supervision, Leeds Beckett University (2015)
- Post graduate Diploma in Coaching Psychology, Leeds Beckett University (2009)
- BSc in Biological Chemistry and Biochemistry, University of Nottingham (1989)



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I love working with Rebecca. She's insightful, straightforward and massively supportive. I love her down to earth approach and the way that she cuts through the surface issues to get to the real nub of things underneath.

Gill Parkin, Coach | Counsellor | Psychotherapist



KNOWLEDGE

Rebecca has over 20 years' experience working in the areas of coaching, coach training and supervision, leadership and management development.

Over this time she has worked across both private and public sector including the NHS, Local Authorities, GMP, GMCA and in a wide variety of private sector clients.

Rebecca's specialities and proven skills include:

- + Transformational one to one executive coaching, and group and team facilitation
- + Working at the psychological level with individuals and teams - to identify what's really going on and to work with that to effect change
- + Designing and running creative and inspiring learning events



EXPERIENCE

After leaving university, Rebecca worked in FMCG in HR and L and D roles before becoming a freelance executive coach and coach trainer in 2001.

Since then her working life has been dedicated to the field of coaching, facilitation, coach training and coaching supervision. During this time she worked as a Director of a Coaching Consultancy and also ran her own Coaching and OD Consultancy. She joined Developing Success in 2018.

She was Lead Tutor on the Post Grad Certificate in Business and Executive Coaching for Leeds Beckett University for over 5 years, and was a visiting lecturer at University College Dublin in Coaching Psychology. As part of DS, Rebecca co-runs the EMCC accredited Practitioner and Senior Practitioner coaching programmes and Taking Coaches Further – the DS flagship CPD programme. She is also currently employed as an Associate Lecturer for Manchester University Business School where she works as a tutor on an NHS Masters in Healthcare Leadership programme.

In addition to tutoring, she also works with a wide variety of different executive teams as a facilitator and team coach – recent teams have been in a University, in the NHS and in a local council. One to one coaching in both private and public sector also form a large part of her work.



PASSION

Rebecca's fascination with what makes people tick grew into a passion for psychology, particularly the psychology of what helps people change, grow and develop.

This interest also extends to organisational and system growth and adaptation.

Rebecca firmly believes:

“Change is inevitable. Growth through change is optional.”

In order to help herself and others through this process, she seeks to apply all her learning – academic and practical experience – to support people through change and transformation in many different contexts.